

## How to get a State Pension forecast

The State Pension is payable in addition to your pension from the L&Q Housing Trust Staff Benefits Plan.

To help with your retirement planning, you can get a forecast of your State Pension at:

[www.gov.uk/check-state-pension](https://www.gov.uk/check-state-pension)

You can also check your State Pension Age. This is the earliest date that your State Pension is payable.

[www.gov.uk/state-pension-age](https://www.gov.uk/state-pension-age)

More information on your State Pension is available at [www.gov.uk](https://www.gov.uk).